

# DES ARC SENIOR CENTER- ACTIVITIES 9AM-1PM

## FEBRUARY 2025 Lunch served @ 11:00 M-F

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3 9am Games 10am Chair Volleyball	2/4 9am Games Ageless Grace 10am Health Eating w/Emily	2/5 9am Games 10am Ageless Grace	2/6 9am Games, Puzzles 10am Super Noggin	2/7 9:00 Games, Puzzles 10 Ageless Grace
2/10 9am Games, Puzzles 10am Chair Volleyball	2/11 9am Games, Puzzles 10am Ageless Grace 11,30 Movie- In -House	2/12 9am Games, Puzzles 9:30 Drumming 10am Ginny/ Craft	2/13 9am Games, Puzzles 10am Super Noggin Afternoon – Set up for Party	2/14 9am Games, Puzzles 9:30am Ageless Grace 10:30 Hazen <b>HAPPY Valentine DAY</b>
2/17 <b>CLOSED</b>	2/18 9am Games, Puzzles 9:30 Chair Volleyball 10am Medicare Ed.	2/19 9am Games, Puzzles 10am Drumming	2/20 9am Games, Puzzles 10am Super Noggin	2/21 9am Games, Puzzles 10 am Ageless Grace
2/24 9am Games 10am Ageless Grace	2/25 9am Games, Puzzles 10am Chair Volleyball	2/26 9am Games, Puzzles 10am Ageless Grace	2/27 9am Games, Puzzles 10am Super Noggin	2/28 9am Games, Puzzles 10 am Chair Volleyball